


How to Use This Guide

This Guide is divided into several sections that describe services for adults with Autism Spectrum Disorders (ASDs) that may be available statewide or only in a specific New Jersey county.

The first section of this Guide is an **“Introduction,”** which includes a definition and description of ASDs and, a brief but comprehensive summary of New Jersey’s Department of Human Services and the Department of Labor and Workforce Development.

Look for helpful tips referenced as  “You Should Know.”

A “To Do” list for families also is included.

“Service Category Definitions” are listed and defined for readers to help determine if the service is appropriate to their need.

The **“Statewide Section”** has the majority of agencies listed. Most New Jersey services for individuals with developmental disabilities are available to any resident in New Jersey, without regard to the agency’s location. Most of the agencies have local offices or chapters throughout New Jersey. The grid located at the beginning of statewide and each county sections of this Guide is designed to provide an overview of primary services offered. In addition to the contact and description information provided, the grid highlights the types of assistance that each agency states it provides to its consumers.

The **“County Sections”** list each of New Jersey’s 21 counties in alphabetical order.

Restrictions of this Guide

Information was gathered for this Guide by reviewing websites, making phone calls to agencies and providers, and reviewing documents of the human services community. We encourage you to contact the agencies to find out how each program is applicable to you. This is our first Guide that focuses on adult services in New Jersey. As the system evolves for adults with Autism Spectrum Disorders, so will this Guide. Presently, we have given you a snapshot of the New Jersey service system, which represents a brief and changing moment in time.